



## **What Will Set You Free**

Certified Coach

### **Deanne Drda (Colorado)**

Deanne is a heart-centered listener who enjoys facilitating processes that identify and shift life-limiting thoughts, feelings, and patterns of behavior empowering people to live their fullest authentic lives. She has been a licensed spiritual counselor since 2005 and was in the inaugural Freedom Coaching program in 2012. In a very short time, she has built a thriving counseling practice. Her credits include:

- ♥ Providing counseling services to more than 500 clients (individuals, couples/relationships and small businesses) through her private practice.
- ♥ Served as Teaching Assistant for Science of Mind classes and workshops, including *What Will Set You Free* and *Women Creating our Futures* with Cynthia James since 2006.
- ♥ Completed Master's degree in spiritual psychology from the University in Santa Monica in 2009.
- ♥ Emotionally Focused Therapy for Couples/Relationships. Certification in 2016.
- ♥ Academy of Women Emerging (AWE) coach since 2019.
- ♥ A variety of certifications in Restorative Justice Education and Community Group processes, including High Risk Victim Offender Dialogues.

Deanne's student-of-Life philosophy and love of learning keep her on the growing edge. Her more recent work includes restorative justice processes and practices. She has a passion for using coaching tools to help heal harms, restore relationships and communities, while empowering individuals.

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