



What Will Set You Free

Certified Coach

Nadine Cornish (Colorado)

Nadine was born to be a coach and she has done it all of her life. Whether with family or friends, colleagues or peers, she has intuitively been that “go to” person for support, encouragement and confirmation.

Nadine has an extensive background in Public Health and Social Marketing. But it’s the 15 years of caring for her mother that changed the projectory of her life and allowed her to identify the purpose she had been seeking. She launched The Caregiver’s Guardian, (TCG) LLC in 2009 where her passion was fully ignited as she became an advocate and helped caregivers first take care of self while providing quality care for a loved one. Nadine has provided care management, training, consulting and coaching services for hundreds of families and has been a crusader for Dementia and Alzheimer’s awareness and education.

Nadine is both a Connector and an Exhorter. With love, clarity and intuitiveness, she is able to guide the family caregiver through an often difficult and challenging journey transforming problems into solutions. She has expanded her Coaching Services to now include women from all walks of life who are facing challenges, are at an impasse or simply wanting to unlock the brilliance that lies within. Nadine believes that the client is truly the expert in their own life and the answers they seek lie within. She is honored to be a part of the journey that allows her clients to reveal the truth of who they are.

Nadine has honed her coaching skillset and is a WWSYF Freedom Coach, an Executive Life Coach and Certified Senior Advisor!

Contact Nadine: caregiversguardian@gmail.com