



What Will Set You Free

Certified Coach

Susanne E. Walker (California)

Susanne has been helping clients create a more meaningful life since 2006 through Health & Wellness, Life, and Spiritual Coaching. Her underlying belief is that her clients are already whole and she facilitates their journey back to the truth of who they already are. She believes that vibrancy is our birthright and works with clients to help them uncover and discover that radiance within. Through her understanding that life can muddy the ability to see that inherent radiance, she was very drawn to the work of Cynthia James and the What Will Set You Free Workshops. Susanne began her path to become a WWSYF Freedom Coach as she recognized it as a vital piece to a sustainable approach in helping clients release obstacles and connect on an even deeper level.

Susanne's believes that a true holistic approach to life incorporates things that nourish you such as creating honest open relationships, a spiritual practice that grounds you, a career or past-time that inspires you and physical activity that makes you want to move and feed your soul. Helping clients to regularly connect with what is for their highest good is at the core of Susanne's coaching philosophy.

Susanne received her certification in Holistic Health Counseling from the Institute for Integrative Nutrition in New York. She is also an ICF Certified Life Coach from the Institute for Professional Excellence in Coaching in Colorado and a Retreat Facilitator and Spiritual Coach, having studied at Oneness University in India. Susanne began her own journey on a path of recovery over 30 years ago and continues to mentor women from all walks of life along the way.

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