



What Will Set You Free

Certified Coach

Avis M. Ives, M.S., RScP, Integral & What Will Set You Free Coach

For me, it is all about personal and professional fulfillment. My approach is to partner with those who want to make effective shifts toward satisfaction and personal effectiveness at home, in important relationships and career / self- leadership. Fulfillment is beyond satisfaction; it is achieving what we truly desire and enriches our life.

Who I work with:

I serve those who know they are ready to make changes from old cycles and patterns don't serve them, and those who are at a pivotal point in their life path. My clients have an urge or a call to be "something more."

What I believe:

I am a life-long student of human behavior, with a deep interest in our evolving consciousness and unleashing our potential. My belief is that coaching success is based on inside work. That requires the willingness to go within to grapple with our personal interior realities and at the same time practice new habits. I believe greater wisdom comes more easily with coaching.

For the past two decades, I served as a Senior Coach / Consultant and VP of a boutique coaching firm, coaching more than 1000 professionals and executives. I was a mental health professional early in my career after completing my master's degree in counseling. Currently, I am a Licensed Spiritual Coach, with certifications as an Integral and Freedom Coach. Dallas, Texas is my home.

What to expect:

To support your personal fulfillment, I use positive, intentional, and integrated approaches. To set up a 20-minute exploratory conversation connect with me at ami.pivotalcoach@gmail.com