



What Will Set You Free

Certified Coach

Cyndee Young (Dallas)

Cyndee recognizes the uniqueness of everyone's path and meets them right where they are. She creates a safe container for her clients to express themselves and to release the beliefs that no longer serve them. She enjoys guiding people in discovering old stories and establish new ways of being to support their goals and dreams.

Cyndee's gift is clarity and insight. Her coaching specialties are breaking through glass ceilings, co-dependency, divorce, prosperity, overcoming negative self-talk, and limiting beliefs. It is her great pleasure to reveal your spiritual truth and authentic nature.

Cyndee has spent more than 30 years in leadership positions at large corporations focused on career and business coaching. She has also served as a licensed Spiritual Coach in her spiritual community. She has uniquely blended her career and spiritual coaching expertise with the amazing techniques she acquired from her What Will Set You Free coaching certification.

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