



## **What Will Set You Free**

Certified Coach

### **Christine Volkmer (Dallas)**

Christine lives in Dallas, Texas, and has been a licensed spiritual coach at CSL Dallas since 2011. Her training with Cynthia James to become a Freedom Coach underscored her truth as a deeply intuitive, compassionate listener, and a natural at creating a safe space for her clients to transform any area of life that feels stuck or hinders them from living full-out.

Christine believes that the body doesn't lie, and that it is an intelligent road map to discovering our deepest truth while releasing the energy of old stories and memories that no longer serve. Working with clients through Emotional Integration coaching creates a deep and lasting experience of freedom.

Her mission is to support her clients on their journey into congruence with the truth of who they are – unique beings capable of living their best life right now. Her goal is for every client to release old patterns and beliefs, and embrace their magnificence with confidence. She is honored to be a midwife for this inner birthing of truth for each client.

Christine's professional life of 30 years includes work in education, communications, and nonprofit development, and she currently holds leadership positions at CSL Dallas, as well as Equest, a therapeutic equestrian nonprofit in Dallas. She proudly and bravely raised six sons with her beloved wife, Sherry, and is the grandmother of ten grandsons. She loves cooking, dance, yoga, hiking, art, writing, and a good book by the fire.

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