



What Will Set You Free

Certified Coach

Renay Bloom

Renay Bloom is the CSO at inboouli TM, inviting mindful moments of peace, love, personal freedom, affirmative living, and self-care.

Training professionally as a dancer in New York, among some of the brightest stars she's ever known, Renay holds deep gratitude for the foundation of classical dance, creativity, and the arts in her life. This multifaceted influence continues to support her life as she navigates life and the journey of self-discovery.

The study and practice of law unearthed Renay's mission to be the difference she hoped to see in the world, charging her to simplify her life and support life transformation. Recognizing the impact of trauma and stress in life experiences, she was catapulted into rediscovering the natural wellness she experienced through her elders who depended on plants and foods. The life affirming modalities of yoga and meditation were natural transitions for her as a dancer.

In 2020, COVID pushed Renay deeper into her spiritual practices and study. However, in the quake and aftershock of the heartbreaking loss of her eldest child, Renay was brought face to face with the undeniable reality of impermanence and the generosity of a single moment.

Renay invites you into creative spaces that inspire the experience of cohesiveness. She provides the space for the gentle invitation of personal transformation and restoration to unfold with ease so that you can experience wholeness.

Renay F. Bloom, Esq., RScP, RYT200, CMT, Emotional Freedom & Integration Coach