

Welcome to Damanhur

Get ready for your magical adventure



July 2023

What is Damanhur?

The Temples of Humankind are the sacred heart of Damanhur, federation of spiritual communities. Damanhur is a worldwide movement that inspires the lives of thousands



of people committed to leaving a positive mark on the world.

The central part of Damanhur is located between Turin and Aosta, in an uncontaminated valley at the foot of the Piedmont Alps. The six-hundred citizens who live there have created a multilingual society, open to exchanges with the world and the different cultures of peoples. Many other Damanhurians live in other parts of Italy and all over the world and support the Federation's ideals and projects.

Damanhur was founded thanks to the inspiration of Oberto Airaudi, Falco Tarassaco (1950-2013). Falco was a philosopher, healer, writer and artist, active in the field of therapeutic research and new sciences. An innovative and prolific painter, he created a personal style of painting called "Selfic Painting". From an early age, he manifested a precise spiritual vision and great healing abilities that he developed them through constant experimentation.

The Temples of Humankind

The Temples of Humankind are exquisite works of art, a complex of eight halls adorned with remarkable paintings, mosaics, sculptures and glass art-all created to celebrate universal spirituality.

The Temples were constructed through the ingenuity and creativity of Damanhurians, who worked together to excavate the rock of a mountain entirely by hand. It is an "impossible" dream that awes and inspires thousands of visitors every year. The Temples are a stunning example of sacred and secular art coming together to resonate values that are important to the whole of humanity.



Crotalo Sesamo

Crótaló Sésamo (Alessandro Zattoni) was born in Turin (Italy) in 1970; he graduated in computer technology, his first contact with Damanhur at the age of 18 was based on his interest in Natural Medicine and the Development of Paranormal Faculties.

Crotalo Sesamo lives in the Federation of Damanhur for more than 30 years, as a spiritual researcher, Spiritual Healer, and builder of the Temple.

As a Specialist in the fields of Spiritual Healing, Ancient Civilizations and Inner Research, he teaches courses in Astral Travel, Past Lives Research, Inner Harmonizing, and Selfic Healing.

Additional teachings done by him are in the realms of social, spiritual, economic, political and organizational implications of community life, the relationship with the state, other associations and communities.

He has founded Mystery Schools and has been teaching throughout Europe, the United States, Canada, Australia, Mexico, Brazil, Egypt, Argentina and the Emirates.

In March 2016 he's been invited to speak as at the UN at the international day of happiness, as representative of the Damanhur Federation.

In 2010 he became coordinator of all the Damanhur ambassadors.

He has been trained by Falco (Oberto Airaudi) the Visionary Founder of Damanhur, who prepared him to continue his alchemy art in the "Selfic Paintings" which he is currently doing.

Crotalo taught the first Damanhur Mystery School in Boulder Colorado with courses in Astral Travel, Past Lives Research, Ancient Civilizations & Inner Research in Inner Harmonizing, Selfic Healing, the widening of Perception, as well as Contact with the Plant World.



The 7 days program

24/07 Monday

Arrival at Milano International Airport; we will be waiting for you! Claim your luggage and we will escort you to your accommodation for your stay in Damanhur. We will welcome you with a nice **dinner in the evening** and an explanation of the program for the next days. (dinner is included)

25/07 Tuesday

Morning: One day visit - Part 1



First, you will be acclimated to our central territory with a visit to Damjil. Depending on weather conditions, you will have an opportunity to walk the stone labyrinths—a powerful way to widen your perception and discover new connections to yourself and nature.

Afterwards we have the opportunity to spend time in the extraordinary Temples of Humankind. Gloriously detailed, yet more than a work of artistic achievement, the Temples serve as a direct pathway for reawakening the divine spark in each person. During the visit of the Temples you will be guided through each of the 8 halls and learn why this magnificent structure is a living conduit that connects the energies of the planet that travel via the Synchronic Lines.



Afternoon: One day visit - Part 2

In the afternoon we will return in the Temples of Humankind and will have the experience to listen to the specific instrument of each hall as a way to deepen our connection with the energy there.

26/07 Wednesday

All day: Visit to Magic Torino and Egyptian Museum with Crotalo Sesamo



The Museo Egizio is the world's oldest museum devoted entirely to ancient Egyptian culture. Discover the fundamental stages of its formation, from the creation of the collection to the present.

27/07 Thursday

All day tour: Sacra of San Michele & Devil's Bridge with Crotalo Sesamo

The Sacra of San Michele is a **symbol of Piedmont Region** and a place that inspired the writer **Umberto Eco** to conceive the best-seller "*Il nome della rosa*" (The name of the rose). Dedicated to the **cult of the Archangel Michele**, defender of the Christian people, the Sacra di San Michele fits inside a **ruote of pilgrimage** (long over 2000 km) which runs from Saint-Michel (France) to Monte Sant'Angelo (Puglia). On the way back we will visit a very magical and historical place for Damanhur called "**The Devil's Bridge**" in Lanzo Torinese.



28/07 Friday

Morning: Visit to the Sacred Woods experience with the Music of the Plants (lunch is included)



The visit begins with an in-depth background into the history and development of the Sacred Woods Temple and its brightly colored serpentine stone labyrinths. You will learn the history of the labyrinths, what they are used for and how they work. The itinerary includes an introduction to Music of the Plants, Damanhur's own research into plant intelligence and communication. You will be amazed and delighted to hear trees and plants "sing" in the Sacred Woods through an electromagnetic instrument that captures, deciphers and records the plant's own "music."



Afternoon: Introduction to Selfica with Antilope Verbena and Time for Therapies and Shopping in Damanhur Crea

Selfica is a discipline that allows the transmission of inter-dimensional energies that enhance our health and well-being, heighten sensitivity, and improve mental and physical balance. Selfic energies can be conveyed by metal structures, or by alchemically prepared inks and paints.



29/07 Saturday

All Day: COURSE Past life research with Crotalo Sesamo

The Past Lives Research is done on several levels, each course offering the chance to get to know one past life in particular. This life is traced down beforehand by members of the Way of the Oracle in Damanhur, who do their research based on photographs and birth dates for each participant. Your personal research process begins when you sign up for the course opening a new connection that may bring to your waking consciousness intuitions and emotions that have to do with this past life.

During the course the instructor will guide you through a series of meditative and dynamic exercises with the aim of having you feel the emotions of your past life – what experiences it brought, what lessons were learned, what riches were had.



30/07 Sunday

All Day: COURSE Past life research with Crotalo Sesamo

Evening: Farewell Dinner

31/07 Monday

Departure to Milan International Airport

Today we will check out from our apartments and will organize a transfer to the Milan International Airport.

Included: all programs and activities, accommodation in the guesthouse/apartments for 7 nights, pick up from and to the airport, other meals then mentioned are NOT included.

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