



What Will Set You Free

Certified Coach

Leanna Buckingham

Hello, I am Leanna, an Emotional Integration Coach with a deeply personal understanding of the transformative power of change. My journey began with my own life transformation, achieving changes I once thought impossible. This experience ignited a passion in me to guide others on their path to personal growth and well-being.

With a background in health and wellness coaching, I bring a holistic approach to my practice. I believe in the unique potential of every individual, and my coaching style reflects this. In my coaching sessions, I prioritize being fully present and attuned to each client, employing intuitive guidance to meet their unique needs. My specialized training in working with neurodiverse individuals enhances my ability to serve a wide range of clients, welcoming all who seek growth.

My goal as a coach is to help you push past the obstacles holding you back, assisting you in reaching your fullest potential and achieving your goals. I firmly believe that everyone possesses the inner tools necessary to overcome their challenges, and I'm here to help you tap into that innate strength.

Together, let's unlock your potential and embark on a journey to a more fulfilled, empowered you.

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