



adventurewomen  
THE DESTINATION IS JUST THE BEGINNING



## A Wellness Journey Through Baja

Embark on an enchanting wellness odyssey with AdventureWomen and Cynthia James, traversing the mesmerizing landscapes of Baja! Nestled between the untamed Pacific Ocean and the serene Sea of Cortez, this elongated desert peninsula unfolds as a sanctuary for rare flora, vibrant birds, and diverse wildlife. It is also a haven for locals whose cordial hospitality, artistic pursuits, and steadfast traditions captivate visitors from every corner of the globe.

Your journey finds respite on Isla Espiritu Santo, an island cradled in the Gulf of California. Here, tranquility merges with adventure as the golden beaches beckon, providing an idyllic backdrop for your outdoor pursuits. Greet the day with a rejuvenating yoga session, conquer the rugged cliffs on invigorating hikes, paddle through the azure waters on kayaks, or achieve mastery on a stand-up paddleboard. Immerse yourself in the cerulean embrace of the Sea of Cortez, where each day is a canvas for your tropical escapades.



In collaboration with AdventureWomen, Cynthia James introduces you to a holistic experience, where the resonance of sound and vibrations becomes a conduit for reconnecting with your senses, dissolving energy barriers, and harmonizing your emotions. With the freedom to shape your daily path, you might find yourself swimming and snorkeling alongside Baja's inquisitive, friendly, and playful sea lions — a truly magical encounter.

### Learn More!

Call (800) 804-8686 or write  
[info@adventurewomen.com](mailto:info@adventurewomen.com)

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#### ACCOMMODATIONS

**Los Colibris Casitas:** Offering the services and amenities of a boutique hotel, combined with the privacy and comfort of a vacation home.

**Baja-Style Beach Camping:** Located on one of the Isla Espiritu Santo's most beautiful beaches, our site features tents with real mattresses, linens, and pillows. There is a kitchen tent where your on-site chef makes wonderful meals for you every day, and there are sun showers and portable toilets in separate cabanas.

**Guaycura Hotel:** Located in a 19th-century red brick historic building in the heart of Todos Santos, an authentic village where you can walk around art galleries and boutiques.

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#### DATES & PRICES

October 28 - November 3, 2025

\$5,245 per person double occupancy

+\$1,300 single room supplement